Therapist

Job Description – Therapist

Position

Therapist / Wellness Therapist

Job Type

Full-Time / Part-Time

Job Location

[Clinic / Wellness Centre Name] [Location]

About the Role

We are looking for a skilled, compassionate, and responsible **Therapist** to join our healthcare and wellness team. The selected candidate will assist in delivering traditional and wellness therapies under the guidance and supervision of qualified doctors and healthcare professionals.

The therapist will be responsible for preparing patients and treatment areas, performing assigned therapies according to established procedures, maintaining hygiene and safety standards, and supporting a comfortable and positive patient experience.

Key Responsibilities

- Provide therapies as prescribed or authorized by the supervising doctor or qualified practitioner.
- Assist with traditional and wellness treatments such as **Thokkanam, Abhyanga, Shirodhara, Panchakarma procedures, Varmam-related therapies, hydrotherapy, mud therapy, and other approved treatments**, according to training and scope of practice.
- Prepare treatment rooms, equipment, oils, herbal preparations, and other required materials.
- Explain the basic treatment procedure to patients and ensure they are comfortable throughout the session.
- Follow treatment instructions, prescribed duration, techniques, and safety procedures carefully.
- Observe patients during therapy and promptly report any discomfort, unusual response, or concern to the supervising practitioner.
- Maintain cleanliness, hygiene, and proper sanitation of treatment rooms and equipment.
- Ensure treatment materials and equipment are stored safely and appropriately.
- Maintain basic treatment records and session details as required.
- Assist doctors and other healthcare professionals during treatment sessions when requested.

- Provide appropriate post-treatment care and instructions as directed by the supervising practitioner.
- Support wellness camps, retreats, health programs, and community wellness activities when required.
- Maintain patient privacy, confidentiality, dignity, and professional conduct at all times.
- Follow all workplace health, safety, infection-control, and professional guidelines.

Qualifications

- Relevant qualification, certification, or formal training in **Siddha, Ayurveda, Naturopathy, massage therapy, wellness therapy, or a related field**, as applicable to the position.
- Previous experience in a clinic, hospital, wellness centre, spa, or traditional therapy centre is preferred.
- Practical training or experience in traditional therapies is an advantage.
- Candidates must be willing to follow the treatment protocols and supervision requirements of the centre.

Skills & Attributes

- Good practical therapy and patient-care skills.
- Gentle, respectful, and professional approach toward patients.
- Good communication and interpersonal skills.
- Ability to follow instructions and treatment protocols accurately.
- Good awareness of hygiene and safety procedures.
- Patience, reliability, and attention to detail.
- Ability to work effectively as part of a multidisciplinary team.
- Physically capable of performing therapy-related duties safely.
- Willingness to learn new therapeutic techniques and procedures.

What We Offer

- Professional and supportive working environment.
- Training and exposure to traditional and complementary wellness therapies.
- Opportunity to work alongside qualified Siddha, Ayurveda, Naturopathy, and Physiotherapy professionals.
- Opportunities for skill development and professional growth.
- Competitive remuneration based on qualification and experience.
- A peaceful, patient-focused, and wellness-oriented workplace.