# Physiotherapist

## Job Description – Physiotherapist

### Position

**Physiotherapist / Physical Rehabilitation Specialist**

### Job Type

Full-Time / Part-Time

### Job Location

[Clinic / Wellness Centre Name] [Location]

### About the Role

We are looking for a qualified, compassionate, and dedicated **Physiotherapist** to join our healthcare and wellness team. The selected candidate will be responsible for assessing patients' physical conditions, developing individualized rehabilitation programs, providing therapeutic interventions, and supporting patients in improving movement, strength, flexibility, and functional independence.

The Physiotherapist will work closely with doctors, therapists, and other healthcare professionals to provide coordinated and patient-centred care.

### Key Responsibilities

- Conduct comprehensive physiotherapy assessments and evaluate patients' physical condition, movement, strength, flexibility, and functional abilities.
- Review relevant medical history, diagnostic information, and treatment recommendations.
- Develop individualized physiotherapy and rehabilitation programs based on patient needs.
- Provide appropriate therapeutic exercises, manual therapy, mobility training, and other evidence-based physiotherapy interventions.
- Assist patients with pain management, mobility improvement, strengthening, flexibility, and functional rehabilitation.
- Monitor patient progress and modify treatment programs according to response and clinical requirements.
- Educate patients and caregivers about exercises, posture, movement, ergonomics, and home-care programs.
- Demonstrate and supervise appropriate home exercises and rehabilitation activities.
- Maintain accurate patient assessment records, treatment notes, progress reports, and follow-up information.
- Coordinate with Siddha doctors, Ayurveda doctors, naturopathy doctors, nurses, and other healthcare professionals where appropriate.

- Ensure treatment equipment and therapy areas are maintained in a safe, clean, and hygienic condition.
- Follow professional, ethical, clinical, and patient-safety standards.
- Recognize conditions requiring medical review or referral and communicate appropriately with the relevant healthcare professional.
- Participate in wellness camps, rehabilitation programs, health awareness activities, and community wellness initiatives when required.

## Qualifications

- Recognized qualification in **Physiotherapy / BPT or equivalent**, as applicable.
- Valid registration with the relevant statutory or professional authority, where applicable.
- Previous clinical experience is preferred.
- Knowledge of musculoskeletal, neurological, orthopedic, geriatric, and general rehabilitation practices is an advantage.

## Skills & Attributes

- Strong clinical assessment and rehabilitation skills.
- Good knowledge of therapeutic exercise and physical rehabilitation techniques.
- Excellent communication and patient-education skills.
- Compassionate, patient-centred, and professional approach.
- Ability to motivate patients and encourage adherence to rehabilitation programs.
- Good observation, documentation, and organizational skills.
- Commitment to patient safety and professional ethics.
- Ability to work effectively as part of a multidisciplinary healthcare and wellness team.

## What We Offer

- Professional and supportive working environment.
- Opportunity to work alongside Siddha, Ayurveda, naturopathy, and other healthcare professionals.
- Exposure to integrated wellness and rehabilitation programs.
- Opportunities for professional learning and development.
- Competitive remuneration based on qualification and experience.
- A peaceful and patient-focused workplace.