Job Description – Naturopathy Doctor

Position

Naturopathy Doctor / Naturopathic Physician

Job Type

Full-Time / Part-Time

Job Location

[Clinic / Wellness Centre Name] [Location]

About the Role

We are looking for a qualified, compassionate, and dedicated **Naturopathy Doctor** to join our healthcare and wellness team. The selected candidate will be responsible for providing naturopathy consultations, patient assessments, individualized wellness plans, and appropriate natural therapeutic care.

The role involves understanding each patient's health concerns and lifestyle, developing personalized wellness programs, monitoring progress, and guiding patients toward healthy and sustainable lifestyle practices.

Key Responsibilities

- Conduct detailed patient consultations and naturopathy assessments.
- Review relevant medical history, lifestyle, diet, and wellness concerns.
- Develop individualized naturopathy and wellness plans based on patient needs.
- Recommend appropriate natural therapies and lifestyle interventions within professional scope.
- Supervise and coordinate therapies such as **hydrotherapy, mud therapy, spinal bath, hip bath, plantain leaf bath**, and other appropriate naturopathic treatments.
- Provide guidance on healthy nutrition, diet, exercise, relaxation, sleep, and lifestyle practices.
- Monitor patient progress and modify wellness plans when appropriate.
- Explain treatment procedures, benefits, precautions, and expected outcomes clearly to patients.
- Maintain accurate patient records, treatment notes, and follow-up information.
- Coordinate with Siddha doctors, Ayurveda doctors, physiotherapists, therapists, and other healthcare professionals where appropriate.
- Ensure that all therapies are conducted safely and hygienically.
- Identify situations requiring referral to appropriate medical specialists or emergency services.
- Maintain patient confidentiality and follow professional and ethical standards.
- Participate in wellness camps, health awareness programs, and community wellness activities when required.

Qualifications

- Recognized qualification in **Naturopathy / BNYS or equivalent**, as applicable.
- Valid registration with the relevant statutory or professional authority, where applicable.
- Previous clinical or wellness-centre experience is preferred.
- Good knowledge of naturopathic principles, nutrition, lifestyle management, and natural therapeutic practices.
- Practical experience with hydrotherapy and other naturopathic treatments is an advantage.

Skills & Attributes

- Strong patient assessment and counselling skills.
- Good knowledge of naturopathy and holistic wellness practices.
- Excellent communication and interpersonal skills.
- Compassionate, patient-centred, and professional approach.
- Ability to create practical and individualized wellness plans.
- Good documentation and organizational skills.
- Strong commitment to patient safety and professional ethics.
- Ability to work effectively as part of a multidisciplinary healthcare and wellness team.

What We Offer

- Professional and supportive working environment.
- Opportunity to work in an integrated traditional healthcare and wellness setting.
- Exposure to naturopathy therapies, wellness programs, and nature-based wellness camps.
- Opportunities for professional learning and development.
- Competitive remuneration based on qualification and experience.
- A peaceful, nature-focused, and wellness-oriented workplace.